

Western Night League Saturday 23 Oct Hope Down to Sand Point

Car Parking:

National Trust car park. Grid ref ST331661. (Nearest postcode BS22 9UD) w3w - https://what3words.com/rehearsed.cobbled.flow.

Map:

1:10,000, to ISOM 2017 Summer 2020. Overprinted with course and descriptions on waterproof paper, size A4. Loose control descriptions will also be available.

Terrain:

Sand Point and Middle Hope a stunning stretch of coastline, north of Weston-Super-Mare, a National Trust property it sits on the clifftops looking out across the Severn estuary, Cardiff can be clearly seen in good clear conditions. The East is largely open and runnable at times running down to the beach, numerous low banks from ancient earthworks cover the area. The Western end is rocky, especially the paths with patches of fight and scrub.

Courses:

60 minute score event using the odds and evens format. 30 controls with 600 points total - Bonus 1 point per 6s early if all controls visited. Penalty 1 point per 6s late. 6-8 controls form a course of approximate orange standard.

Registration:

Online pre-entry only using the Pre-Entries App (link on the BOK website). Entries close at midnight on Sunday 17th October.



Start/Closure/Download

First start 19.30, start times are selectable in the online entry system. It will be a punching start, so whilst we would prefer people to stick to their selected start time for social distancing, we will not be strict on these. Last start 20.30

Entry Fee:

Seniors £6

• Juniors and students £3. Juniors 16- welcome but must be accompanied.

Dibbers available for hire – both standard SI and SIAC. £1.50 for seniors; free for juniors and students. Lost dibbers charged at £30 (£60 for SIAC).

Punching:

SI and SIAC (contactless) electronic punching.

Facilities:

A First Aider will be in attendance.

Safety:

At the pre-start you will need to demonstrate that you are carrying at least two working lights and a whistle or you will not be allowed to start.

Competitors are encouraged to carry mobile phone with them – the organiser's telephone number will be on the final details and printed on the map.

All competitors take part at their own risk and are responsible for their own safety. In the event of inclement weather you may be required to carry a cagoule.

Search team and control collecting

As there will be no Pub of the Night as a resource to assemble a search team, if entrants who take late runs could be available should we need a search team. The organiser would also appreciate help in collecting in the controls.

Dogs:

Competitors may compete with well controlled dogs.

Officials:

- Organiser and Planner: John Parfitt and Alice Parfitt johnparfit@aol.com 07538470230
- Co-Ordinator: Ifor Powell

Data Protection: Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners and trace missing SI cards.



Further details and latest information on the BOK website: www.bristolorienteering.org.uk