



Portishead Urban Race SEOUL and Regional Event Saturday 30th June 2018

- Location:** Portishead, North Somerset (M5 J19)
- Parking:** Portishead show field. BS20 7QR. ST466752. Enter field from mini-roundabout in front of Gordano School. Exit onto B3124 through other gate. Parking fee: £1. There is a 20 min walk to the assembly (1.5 km, no elevation).
- Assembly:** Limited parking available by the assembly for families with children under 16 and for Hyper Vets. Quays office park. BS20 7LF. ST473761. From M5 go straight at first roundabout and right at second roundabout and then immediately right again. The office park is on your right.
- Map:** Scale 1:4000, 5m contours. Mapper: Ben Maliphant, BOK.
- Terrain:** Courses take in the intricate newly developed urban areas of Portishead Port Marine and Village Quarter. Junior classes (newcomers, MW-12) are away from public roads in parkland with a single quiet and managed crossing. The MW-16 course will include some quiet residential roads with significant traffic calming measures.
- Courses:** M/W: Open, Vets (40+), Super Vets (55+), Ultra Vets (65+), Hyper Vets (75+), Junior (16-), Young Junior (12-). Sorry, there is no String Course (but a playground is nearby). Due to road crossings, those under 16 on the day of competition must run one of the junior classes. Courses with controls are printed on waterproof map. Loose control descriptions available. Beginners are welcome.
- Registration:** Pre-entry preferred, via www.fabian4.co.uk. Online closing date: Sun 24 June. Limited entry on the day, subject to availability of maps. Entry on Day registration from 9:45 to 11:30. All competitors are encouraged to [download](#) and complete a 'BOK Event entry form' for emergency contact details.
- Start/finish:** From 10.00 to 12.00. Courses close at 2pm. The Start and Finish are close to registration.
- Entry Fee:** Seniors (BOF members): £10- on www.fabian4.co.uk before/on 24 June. £12- on-the-day
Seniors (non-BOF members): £12- before/on 24 June. £14- on-the-day
Full-time students: £5- before/on 24 June. £6- on the day
Juniors under 12 and yellow course: £3- before/on 24 June. £4- on the day
- Punching:** SI/SIAC mixed mode punching. Dibber hire: Juniors free; Seniors: £1.50. Lost SI cards: £30. SIAC hire (only available if pre-booked): Junior/Senior £4.00. Lost SIAC cards: £50.
- Facilities:** First Aid. Toilets are available by the parking at Portishead show field. Sainsbury (short walking distance from assembly) have kindly allowed orienteers to use their toilets.
- Safety:** All competitors take part at their own risk and are responsible for their own safety.
- Officials:** Organisers: Christian Saxtoft (BOK); 07971 015545
Andy King (BOK); 07469 735710; (Organiser on-the-day)
Planner: Ben Maliphant (BOK)
Controller: Mike Forrest (BOK)
- Data Protection:** Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners and trace missing SI cards.

See BOK website for latest information and details of other events.

www.bristolorienteering.org.uk

