



Bristol Orienteering Klub Urban Orienteering

Wednesday 13th June 2018
Winscombe and Sidcot
FINAL DETAILS

- Car Parking:** Parking and registration at Sidcot School, grid ref ST429574, postcode BS25 1PD. Entry and exit via a one-way system. If coming from Bristol on the A38, pass the signed entrance to Sidcot School (on your left). **Do not enter here**. Continue 200 m and turn left at the traffic lights. If coming from the south, you will turn right at the same lights. If coming from Banwell on the A371, go straight across. Once inside the school, turn left at the T-junction then right as directed, up a narrow lane to park in "Tom's Field". You may be asked to wait for exiting traffic. When you depart, turn right out of the lane and proceed with care through the school to re-join the A38 slightly to the north of where you entered.
- Map:** All maps at 1:4,000 scale on waterproof paper with courses overprinted. Orange course on A4 paper; Green & Blue courses on A3. Mapped by Trevor Crowe (2018).
- Terrain:** Open fields and school buildings (Orange course) plus urban footpaths, residential streets and playing fields (Green & Blue). Parts of the school grounds can be muddy even after fine weather, and there is a small amount of woodland.
- Courses:** Orange: 2.3 km with 65 m climb
Green: 4.4 km with 65 m climb
Blue: 6.4 km with 90 m climb
- Juniors (under-16) are expected to run the Orange course, which is entirely off-road and also suitable for adult beginners. Under-16s on Green and Blue must be accompanied (not just shadowed) by a responsible adult.
- Registration:** 5.30pm – 7.30 pm in Tom's Field (also the parking field).
- Start/Closure** Starts 6.00pm – 7.30 pm next to parking. Courses close at 8.30 pm.
- Entry Fee:** Juniors and students £3, seniors £6. On-line entries via www.fabian4.co.uk. Entries on the day will be required to complete a form, which can be [downloaded](#) or obtained at registration. Dibbers are available for hire – both standard SI and SI Air - at £1.50 for seniors; free for juniors and students. Lost dibbers charged at £30 (£50 for SI Air).
- Facilities:** Sidcot School pupils will be manning a tea and cake stall to raise funds for an education project in Tanzania. There will be two portable toilets. A first aider will be in attendance.
- Safety:** Competitors take part at their own risk and are responsible for their own safety. The Green and Blue courses cross the A38, which can be very busy. The crossing will be timed out (i.e. one control just before and another just after, with no limit on time allowed to get between them). The crossing will not be manned. The Orange course crosses no roads.
- Dogs:** Dogs are permitted on leads, under the control of an adult.
- Officials:** Organiser: Matthew Owen owenmg@mac.com 07583 428561
Planner: Graham Hartley, Quantock Orienteers grh4096@gmail.com 07794 774269 (mentored by Richard Sansbury, also QO)
Series Co-ordinator: Phil Murray murrayphilBS3@gmail.com 0795 4356488
Special thanks to Sidcot School and especially teacher Stephanie Clegg for hosting. Also to Quantock Orienteers for planning, mentoring and providing several helpers.
- Data Protection:** Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners and trace missing SI cards.

Further details and latest information on the BOK website:
www.bristolorienteeing.org.uk

